



RETROSUBURBIA

THE DOWNSHIFTER'S GUIDE TO A RESILIENT FUTURE

CHAPTER 34: DECISION MAKING, INTERPERSONAL RELATIONS AND CONFLICT RESOLUTION

QUESTIONS:

- Discuss your experiences of household decision-making and conflict resolution: What has worked well? What hasn't worked well? Make sure you also share the context of these experiences – what works well in a small family household might be very different to a large group household.
- What are the power relationships in your household? Does the term 'benevolent dictatorship' resonate with you? In what areas do various members of your household have 'natural authority'?
- Have members of the group had experience with any formalised decision making tools such as Holistic Management, De Bono's Thinking Hats, Dragon Dreaming, or sociocracy? Share your experiences.

ACTIVITIES:

- If you feel it would be useful in your situation, make a list of household agreements in consultation with other members of the household.
- As a group, explore some decision making tools such as Robyn Clayfield's 'Dynamic Groups' resources
- Organise a workshop on Non-Violent Communication, or a decision making process.

