



RETROSUBURBIA

THE DOWNSHIFTER'S GUIDE TO A RESILIENT FUTURE

CHAPTER 19: FOOD GROWING SYSTEMS

QUESTIONS:

- What sort of garden bed suits your situation – why?
- What sort of orchard system suits your situation – why?
- What are the advantages and disadvantages of backyard orchards, edible food forests and intensive fruit gardens?

ACTIVITIES:

- If you haven't already made a design for retrofitting your garden for food production, this is a good point to do it – get lots of feedback from the group.
- Construct a wicking bed or pergola
- Grow some edible fungi – organise ordering supplies as a group.
- Organise a pruning workshop for the group. This may be with someone from the group with these skills and knowledge, or another a local contact.

