



RETROSUBURBIA

THE DOWNSHIFTER'S GUIDE TO A RESILIENT FUTURE

CHAPTER 18: WHAT TO GROW WHERE

QUESTIONS:

- What is your favourite food plant to grow? Why? This is a great opportunity to share ideas with the group. Or you could do your top 5...
- What are your priorities for food growing – why?*
- What garden spaces do you have that need some extra thought eg shady areas, wind exposed areas, public areas? Brainstorm some ideas for these areas with the group.

ACTIVITIES:

- Go for a walk in the local area and see what useful plants are growing well. Use the knowledge of the whole group to identify different species and speculate on how they could be used in a garden farming system.
- Compile a list of useful plant varieties that are known to grow well in the area – this could be then be shared with other locals.
- Organise a grafting workshop for the group. This may be with someone from the group with these skills and knowledge, or another a local contact.

* Further resources for this question may be available to registered book clubs

